



Wipe out blocked drains

The waste water drain which runs from your house to the public sewer is usually about 4 inches wide, which is less than the diameter of a DVD.

Flushing things like wipes, nappies or cotton buds down the toilet can cause drains to block, flooding you and your neighbours.

It's easy in the bathroom just follow our Three P's rule and only flush pee, poo and toilet paper.

Everything else should go in the bin, not down your toilet - check out the bathroom checklist of 'never flush' items below:

- 1. all wipes (baby, personal cleansing, toilet and household cleaning) - even if the pack says 'flushable'
- 2. sanitary items (sanitary towels, tampons, liners, applicators and backing strips;
- 3. cotton wool, cotton buds, disposable nappies and nappy liners
- 4. condoms, incontinence pads, colostomy bags, used bandages and contact lenses

Never flush down the toilet:



Keep a bin in the bathroom for you to quickly, safely and hygienically dispose of all the 'never flush' personal items, special disposable bags are available at most pharmacies and supermarkets.

And when you are out and about, make sure you use the bins provided in public toilets for any personal items.